DISHES AND THEIR ALLERGEN CONTENT – OLEA MAIN MENU

DISHES			X			Lupin Flour			MUSTARD				\$ <u>\$</u>	Eer Wite
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Soup of the day	✓	1	1	\checkmark	1	1	1	1	1	1	1	1	1	1
Halloumi & Lounza							1							
Saganaki		Wheat					1							
Fried Kalamari		Wheat					1							
Chili King Prawns	1		1		1			1						
Garlic Mushrooms	1													
Loukaniko	✓	May contain					1		✓				1	
Mushroom's ala cream	1						1							
Cold dip Platter							1					1		
Lamb Chops														
Pita bread		Wheat					May contain					May contain	May contain	

DISHES			×.			Lupin Flour			MUSTARD				6	Geer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pork Souvlaki Dinner	May contain						🖌 tzatziki							
Chicken Souvlaki Dinner	May contain						🗸 tzatziki							
Lamb Souvlaki Dinner							🖌 tzatziki							
Sirloin steak														
Peppercorn sauce	May contain						1							
Lamb chops dinner							🖌 tzatziki							
Tzatziki							1							
Rice	May contain													
Greek potatoes	May contain													
Greek salad							1							
Chips		May contain	May contain		May contain									
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DISHES						Lupin Flour			MUSTARD		0		6	Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Spanakopita Dinner		Wheat		1			1							
Grilled Aubergine Dinner	May contain						1							
Gemista	1													
Vegetarian mousaka	1	Wheat		✓			1			1				
Spaghetti arrabiata	May contain													
Halloumi burger		Wheat		✓			✓					May contain	May contain	
Greek Chicken	May contain						1							
Chicken ala cream	May contain						1							
Chicken Parmigiana	May contain	Wheat		✓			✓							
Stifado	May contain													
Lamb Kleftiko	✓													
Moussaka	May contain	Wheat		✓										
Chicken Katsu Curry	May contain	Wheat					1			May contain	May contain	May contain	May contain	
Spaghetti con polo	May contain	Wheat					1							
Bolognese	May contain	Wheat												
Olea el Carbonara	May contain	Wheat		1			1							
Fried Kalamari Dinner		Wheat	1		1		1	1						
Fillet of Seabass			1		1			1						

DISHES			×.			Lupin Flour			MUSTARD				• \$	Beet
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef Burger		Wheat		1			1						1	
Cheeseburger		Wheat		1			1						1	
Bacon Cheeseburger		Wheat		1			1						1	
Double Chili Burger		Wheat		1			1						1	
Chicken Burger	May contain	Wheat		1			1						1	
Chicken Teriyaki Burger	May contain	Wheat		1			1			May contain	May contain	May contain	1	
Chicken Katsu Burger	May contain	Wheat		1			1			May contain	May contain	May contain	1	
Chicken Parmesan Burger	May contain	Wheat		1			1						1	
Halloumi Burger		Wheat		1			1							
The all American Burger		Wheat					1						1	
Garden salad														
Large greek salad							1							
Classic tomato salad							1							
Chicken greek salad	May contain						1							
Poutine Fries	May contain	May contain					1							
Greek Fries		May contain					1							
Cheesy fries		May contain					1							
Dirty fries	May contain	Mov					1							

DISHES			No.			Lupin Flour			MUSTARD					Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pita bread		Wheat					May contain					May contain		
Garlic aioli sauce				1									1	
Sriracha mayo sauce				1									1	
Extra tzatziki							1							
Gravy	May contain													
Japanese curry sause	May contain									May contain	May contain	May contain	May contain	
Pita garlic bread		Wheat					1					May contain		
Garlic bread		Wheat					1					May contain		
Chunky chips		May contain												
Skinny chips		May contain												
Sweet Potato Fries		May contain												
Greek rice	May contain													
White steam rice														
Greek potatoes	May contain													
Garlic Bread & Cheese		Wheat					1					May contain		

